



# Jean Massieu Academy Breakfast Menu May 2022



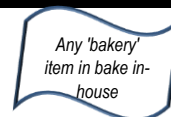
Monday	TEXAS Tuesday	Wednesday	Thursday	Friday
<b>2</b>  chilled applesauce 100% fruit juice or fresh fruit *  French toast sticks and chicken sausage, syrup	<b>3</b>  fresh-cut orange 100% fruit juice *  breakfast 6" taquitos w/beef sausage, egg, cheddar	<b>4</b>  fresh banana 100% fruit juice *  warm whole wheat bagel with turkey ham & American	<b>5</b>  chilled pineapple chunks 100% fruit juice or fresh fruit *  warm "baked cinnamon apple" whole grain sticky bun	<b>6</b>  fresh-cut fruit cup 100% fruit juice *  warm flaky Southern biscuit with breaded chicken
<b>9</b>  chilled sliced peaches 100% fruit juice or fresh fruit *  breakfast-on-a-bun egg patty & cheese	<b>10</b>  fresh-cut orange 100% fruit juice *  "West, Texas" kolache w/turkey ham & cheese	<b>11</b>  fresh banana 100% fruit juice *  breakfast quesadilla w/egg and skillet beef	<b>12</b>  fresh-cut cantaloupe 100% fruit juice *  warm maple butter biscuit 'monkeybread-style'	<b>13</b>  chilled sliced apples 100% fruit juice or fresh fruit *  whole grain waffle, syrup, and hashbrown potatoes
<b>16</b>  chilled sliced pears 100% fruit juice or fresh fruit *  warm flaky Southern biscuit w/chicken sausage patty	<b>17</b>  fresh-cut orange 100% fruit juice *  soft plain bagel with turkey ham, cheese	<b>18</b>  fresh banana 100% fruit juice *  breakfast-on-a-bun turkey ham & American cheese	<b>19</b>  chilled applesauce 100% fruit juice or fresh fruit *  fruit & yogurt parfait cereal bowl: 'Lucky Charms' medley	<b>20</b>  fresh-cut seasonal melon 100% fruit juice *  warm breakfast 'square' tater tots, egg, & cheddar cheese
<b>23</b>  chilled spiced apples 100% fruit juice or fresh fruit *  French toast sticks and chicken sausage, syrup	<b>24</b>  fresh-cut orange 100% fruit juice *  whole wheat bread with jelly mozzarella cheese stick	<b>25</b>  chilled pineapple tidbits 100% fruit juice *  breakfast pizza bagel with egg, turkey ham, and cheese	<b>26</b>  fresh-cut fruit cup 100% fruit juice *  fruit & yogurt parfait cereal bowl: 'apple Os'	<b>27</b> Last Day of School  fresh banana 100% fruit juice or fresh fruit *  our bakery: strawberries n' cream bar cereal bowl: Cinnamon Toast® medley
<b>30</b>  Memorial Day	<b>31</b>  GO TEXAN.	<b>1-Jun</b>	<b>2-Jun</b>	<b>3-Jun</b>



All sausage and ham is made from turkey or beef



Fruit is seasonally local sourced, when available



Any 'bakery' item is bake in-house



1% or Skim Milk





# Menu de Desayuno por Jean Massieu Academy

## Marzo 2022



LUNES	MARTES TEXANO	MIERCOLES	JUEVES	VIERNES
<b>2</b> pure de manzana frio jugo de fruta 100% o fruta fresca * palitos Franceses y salchicha de pollo, miel	<b>3</b> noranja recién cortada jugo de fruta 100% * 6' taquito de desayuno con salchicha de carne-huevo-queso	<b>4</b> pantano fresco jugo de fruta 100% * bagel de trigo integral <i>caliente</i> para jamon de pavo & queso	<b>5</b> bocaditos de pina fria jugo de fruta 100% o fruta fresca * manzana con canela al horno 'sticky bun'	<b>6</b> taza de fruta fresca jugo de fruta 100% * bizcocho de grano entero con pechuga de pollo
<b>9</b> duraznos en rodajas frio jugo de fruta 100% o fruta fresca * desayuno-en-un-bollo huevos y queso	<b>10</b> noranja recién cortada jugo de fruta 100% * "West,Texas" kolache con pavo 'jamon y queso	<b>11</b> pantano fresco jugo de fruta 100% * quesadilla de desayuno con huevo y carne	<b>12</b> melon recién cortada jugo de fruta 100% * galleta de mantequilla de arce de 'pan de mono'	<b>13</b> manzanas con especiadas frio jugo de fruta 100% o fruta fresca * waffle grano entero y patatas 'hashbrowns'
<b>16</b> peras en rodajas frio jugo de fruta 100% o fruta fresca * biscocho del Sur con salchicha de pollo	<b>17</b> noranja recién cortada jugo de fruta 100% * bagel integral con 'pavo' 'jamon y queso	<b>18</b> pantano fresco jugo de fruta 100% * desayuno-en-un-bollo jamon de pavo y queso Americano	<b>19</b> pure de manzana frio jugo de fruta 100% * fruta fresca y yogur y tazón de cereal: 'Lucky Charms® mezcla'	<b>20</b> melon recién cortada jugo de fruta 100% * cuadrado de desayuno <i>caliente</i> papas pequeñas, huevos, y cheddar
<b>23</b> manzanas con especiadas frio jugo de fruta 100% o fruta fresca * palitos Franceses y salchicha de pollo, miel	<b>24</b> noranja recién cortada jugo de fruta 100% * (2) mini tacos de desayuno con frijoles y queso	<b>25</b> bocaditos de pina fria jugo de fruta 100% * pizza de desayuno bagel huevos, jamon de pavo, y queso	<b>26</b> taza de fruta fresca jugo de fruta 100% * fruta fresca y yogur y tazón de cereal: la mezcla de O's manzana	<b>27</b> Ultimo Dia de Colegio pantano fresco jugo de fruta 100% o fruta fresca * panaderia de 'fresas y crema' y tazón de cereal: 'Cinnamon Toast® mezcla'
<b>30</b> Dia Conmemorativo	<b>31</b>	<b>1-Jun</b>	<b>2-Jun</b>	<b>3-Jun</b>



La fruta es estacional de origen local, Cuando esté disponible

